

Parkinson's Support Groups Around the State

Annandale

2nd Wednesday at 6:30 pm, Epiphany Byzantine Church. Contact the Parkinson's Foundation of the National Capital Area; (703) 287-8729

Arlington

2nd Tuesday at 2:00 pm, Calvary United Methodist Church. Contact the Parkinson's Foundation of the National Capital Area; (703) 287-8729

Ashburn

See information under Loudon PDSG

Bedford

2nd Thursday at 2:30 pm, Carillion Bedford Memorial Hospital – Conference Room. Contact Dave or Meg Ballard; (540) 586-1406

Bluefield

2nd Tuesday at 2 pm; Virginia Ave. United Methodist Church; contact Jean Brown; (276) 322-5715; rljdbrown@peoplepc.com

Centreville/Chantilly

4th Saturday at 10:00 am, Sully Senior Center. Contact the Parkinson's Foundation of the National Capital Area; (703) 287-8729

Charlottesville

2nd Monday at 1:30 pm at Westminster Canterbury of the Blue Ridge (on Pantops). Contact Susan Dietrich; (434) 982-4482

Chesapeake, Portsmouth, Suffolk

1st Saturday, 1 pm, Church of St. Therese. Contact Pat & Steve Yaros; (757) 489-4302

Danville

1st Wednesday at 2:00 pm, Trinity Methodist Church. Contact Jay or Ruth Whitt; (434) 792-2067

Eastern Shore/Onancock

Last Monday at 5:00 p.m., Hospice & Palliative Care of the Eastern Shore; Contact Betty Armsey; (757) 787-3310

Fairfax

3rd Thursday at 2:00 pm, Little River Glen Senior Center. Contact the Parkinson's Foundation of the National Capital Area; (703) 891-0821

Falls Church

*Every Tuesday at 10:15 am, Providence Recreation Center. Contact Leon Paparella; (202) 966-4450

*CarePartners Group – Each Tuesday at 11:00 am, Providence Recreation Center. Contact the Parkinson's Foundation of the National Capital Area; (703) 891-0821

Fishersville

1st Saturday, 2:00 pm, Blue Ridge Church of Christ. Contact Keith Shank; (540) 255-1847

Fredericksburg

Last Wednesday at 10:30 a.m. Contact Jim & Earline Haney; (540) 371-7334

Front Royal

1st Wednesday at 1:00 pm, Warren Memorial Hospital. Contact Lee Mangene; (540) 868-8838

Caregivers Support Group: 2nd Tuesday of the month at 10:30 a.m.; call (540) 636-0138

Hampton

1st Tuesday at 3:00 pm; Sentara. Contact Susie Garrison; (757) 827-2170

Harrisonburg

3rd Saturday at 1:00 pm, Rockingham Memorial Hospital. Contact Eva Showalter; (540) 879-9743

Hillsville

2nd Wednesday at 1:00 pm; St. Joseph Rectory. Contact Mary Cox; (276) 728-3703

Loudoun

1st Tuesday from 1:00-2:30; Ashburn Public Library. Contact Gary Heinberg; 703-404-5563

Lynchburg

3rd Tuesday at 2 pm at The Summit. Contact Jimmy White; (434) 239-2373

New River Valley/Blacksburg

3rd Wednesday at 2:30 pm, Blacksburg Library. Contact Rick Richardson; 540-951-0040

Newport News

3rd Wednesday at 1:00 pm, Mary Immaculate Conference Center. Contact Cynthia Dowd; (757) 886-6381

4th Wednesday, 7 p.m., Riverside Regional Medical Center. Contact Sandy Snapp; (757) 534-5408

Norfolk, Virginia Beach,

1st Wednesday, 10 am. St. Andrew's United Methodist Church. Contact Zelia Graham; (757) 271-5969

Northern Neck/Middle Peninsula

2nd Wed at 1 p m; Carepartners meet also 1st Mon at 10:30 am (carepartners group) Rappahannock Westminster Canterbury. Contact Rita DePew; (804) 435-9553

Richmond

1st Tuesday of each month at 7:00 pm, (Discussion); Circle Center, 4900 W. Marshall St., (behind Krispy Kreme on Broad St.). Contact Ann Spinks; (804) 355-5717

3rd Sunday at 2 pm at Health South (Educational); 5700 Fitzhugh Avenue. Contact Kathy Morton; (804) 730-1336

(Richmond, continued)

4th Thursday each month at 1 pm PADRECC, McGuire VAMC; contact Lynn Klanchar; (804) 675-6952

Roanoke

3rd Tuesday at 2:00 pm Ronald McDonald House. Contact Eric Anderson; (540) 721-1994

Williamsburg

2nd Monday at 1:30 pm, Williamsburg Landing. Contact Joan Byrne; (757) 898-6674

Winchester

2nd Tuesday; 11 a.m., Winchester Church of God. Contact Sharon Wilson; 304-258-0496

Young Parkinson's Groups

Charlottesville, VA; contact Debra Pressman at debra.pressman@gmail.com or (434) 996-1718.
Virginia Beach, VA; 1st Saturday, 10 a.m. at Bayside Library; contact Bob Johnson at 757-961-8564 or VBYoungOnsetPD@gmail.com

West Virginia

See Bluefield listing

For those who cannot afford special equipment or supplies needed to manage the daily challenges of Parkinson's disease, please contact The Melvin Weinstein Parkinson Foundation; Marsha Anthony, (757) [313-9729](tel:313-9729); OR help@mwpf.org; OR www.mwpf.org

December 14, 2011